

Sumanto  
c/o Wisma Rehabilitasi Mental dan Narkoba Mustadjab  
Balai Rehabilitasi Mental di Desa Bungkanel  
Kecamatan Karanganyar, Purbalingga (Jateng)  
Indonesia

Dear Sumanto,

Greetings from People for the Ethical Treatment of Animals (PETA) Asia-Pacific. We're glad to hear that your people-eating days are over and would like to offer you a hand in keeping corpse cuisine off the menu for good. Instead of turning over a new grave, we suggest that you turn over a new leaf and go vegetarian.

To help with this transition, we have included *The Compassionate Cook*, a vegetarian cookbook that is chock-full of "cheap and tasty" meals that won't cost you or anyone else an arm and a leg. If you're digging around for something regional to eat, forgo the bone yard buffet and go with the Indonesian salad with spicy peanut dressing. Since you like to eat tough old birds and spinach, we also highly recommend the mock-chicken loaf Florentine and the smoky, crunchy breakfast tempeh. With dishes that taste so much like the real thing that they could fool even the most die-hard cannibal, this cookbook offers "meaty" meals without the cholesterol, animal suffering, and desecration of human remains.

Your fellow villagers could also benefit from this vegetarian cookbook. Although they're giving you the cold shoulder for dining on the dearly departed, their dietary habits aren't much different. Tragically, everyday in homes across Indonesia and the rest of the world, humans cut up, cook, and devour the corpses of chickens, goats, fish, and cows.

Like humans, animals are made of flesh, blood, and bone. They have the same capacity to love, and they experience fear in the face of death. When animals die, their families grieve. In light of this suffering, we urge you to refrain from lurching on *anyone's* loved ones and go vegetarian instead. Thank you for your time and attention to this meaty matter.

Sincerely,



Jason Baker  
Director  
PETA Asia-Pacific

P.S. If you truly want to "taste love," check out the peanut butter pie recipe on page 195. Bon appétit!



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TO PROTECTING  
THE RIGHTS OF ALL ANIMALS