



**PETA**

PEOPLE FOR THE ETHICAL  
TREATMENT OF ANIMALS

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Jenna Bush, c/o the White House  
1 page via fax: 202-456-2461

Dear Ms. Bush,

We were pleased to read in the November issue of *Texas Monthly* that contrary to media reports, you do not eat foie gras, the cruelly fattened liver of force-fed ducks and geese. Good for you! The fact that you also eat very little meat in the first place makes you a positive role model.

You mentioned in the article that you do still eat fish, so I would be remiss if I didn't try to persuade you to put that on the "do not" list too. I urge you to spare fish, for their sake, of course, but also because fish flesh is not a health food (contrary to the hype), as it contains frightening levels of contaminants like mercury and PCBs. (We can easily get all the omega-3s we need from walnuts, flaxseed oil, etc.) Some of the top marine biologists have concluded that fish are interesting animals who have the same capacity to feel pain as dogs and cats, like Barney, Miss Beazley, and India, do. You can read fascinating "fish stories" and learn more about both of these issues at [FishingHurts.com](http://FishingHurts.com).

If you decide to go completely vegetarian by giving fish a break, we'd be delighted to nominate you for our hugely popular Sexiest Vegetarian Celebrity contest. As you may know, your cousin Lauren took top honors in 2003. We bet you would get lots of votes. If you received the most votes, you'd join an illustrious group of past winners, including Carrie Underwood, Tobey Maguire, Natalie Portman, and Shania Twain.

Please let me know.

All the best,

Ingrid Newkirk  
President

AN INTERNATIONAL  
ORGANIZATION DEDICATED  
TO PROTECTING  
THE RIGHTS OF ALL ANIMALS